



# SUPPLY LIST

QUILT YOUR LIFE:  
Milestone Quilts for Every Moment

VIRTUAL WORKSHOP  
August 27, 2023 9am-4pm PDT

Taught by: Kitty Wilkin

I am excited to have you in my class, headed down the path of milestone quilts, positive feedback loops, and documenting your life through the making of a quilt. Before our workshop, please begin thinking about what areas of your life you may want to document, whether it's a healthy habit you'd like to hold yourself to keeping, an activity you do often or want to do more often, or simply the passing of a year through a reflective creation of a quilt.

Here are the supplies you will need:

## REQUIRED

- Paper and writing utensil (I suggest pencil)
- Computer with internet to access the Zoom!
- Quilt Your Life Planning PDFs printed and ready to fill in
- Colored pencils and/or fabric swatches for color planning

## SUGGESTED

- Additional graph paper, calculator, and ruler

